

# PEERS



## WHAT IS PEERS?

Program for the Education and Enrichment of Relational Skills (PEERS) is an evidence-based social skills training intervention for adolescents with social challenges, focusing on teaching skills related to making and keeping friends and managing peer conflict and rejection.

## PEERS IS INTENDED FOR

- Adolescents with social and relational challenges
- Students with autism, ADHD, anxiety and others that may need support in social settings
- An ideal group size of 6-10 students; minimum of 4

## TOPICS

- Two-way conversations
- Managing arguments with friends
- Choosing appropriate friends
- Handling teasing
- Electronic forms of communication
- Handling bullying
- Using humor appropriately