

# Evidence-Based Practices for Teaching a New Skill

## What resources are available?

Introductory Resources	Advanced Resources
<a href="#">Introduction to Prompting Video</a>	<a href="#">Least-to-Most Prompting Resource Guide</a>
<a href="#">Task Analysis &amp; Chaining Video</a>	<a href="#">Least-to-Most Prompting Video Tutorial</a>
<a href="#">Prompting and Task Analysis Glossary</a>	<a href="#">Most-to-Least Prompting Resource Guide</a>
<a href="#">Stimulus &amp; Response Prompting Resource Guides</a>	<a href="#">Most-to-Least Prompting Video Tutorial</a>

## What are these resources used for?

These tutorials can be used to help a professional or family member teach a person with autism a new skill or task. They highlight evidence-based instructional practices that can be used to teach new skills across multiple home and professional settings.

## Introductory Resources

Begin your review with the [Introduction to Prompting](#) training video. This short video will provide you with information about the A-B-C's of learning and basic strategies for teaching different types of tasks, including reinforcement procedures and instructional prompts. Once you have completed this introductory video, you can review information about creating and teaching more complex skills. View our [Task Analysis & Chaining](#) video tutorial to learn strategies for teaching skills that have multiple steps. The DNEA has also created an accompanying glossary to assist you with the vocabulary associated with these evidence-based practices.

## Advanced Resources

Professionals who have more experience may find our [Most-to-Least Prompting](#) and [Least-to-Most Prompting](#) resources useful. These training videos and resource guides can be used to implement procedures for systematically introducing and fading prompts to assist a person with learning a new skill.

## Why are these important?

The resources shared in these guides are evidence-based practices, meaning they are strategies that research has shown to be most effective to use when teaching a new skill or task.

Additional resource guides at: <https://www.delawareautismnetwork.org/>

Dowling, S., Mallory, S., Fletcher, A., & CDS DNEA Team. (2022). *DNEA resource guide for professionals: Evidence-based practices for teaching a new skill*. Delaware Network for Excellence in Autism.