### **Mentoring Activity Agenda**

#### 1. Panel Recap

- a. Themes from the panel discussion
- b. Themes from the pre-summit survey

# 2. Family & Self-Advocate Resources

- a. Supported Decision-making in Delaware
- b. My Health. My Wellness.
- c. DNEA Resources

## 3. Group Activity

a. Decision-making Checklist

### 4. Group Discussion

- a. Introductions
- b. Mentors:
  - i. What is a goal you have related to self-determination or decision making that you are working on right now?
- c. Everyone:
  - i. Are there any decisions you wished you were making with support or on your own? Which ones?
  - ii. What is a goal or something you hope to be able to do after today's summit? Have you thought about your first step(s) for meeting this goal? What are they?
- 5. Share Out
- 6. Event Evaluations







