

What is Delaware's Blue Envelope Program?

Delaware Network for Excellence in Autism (DNEA) Resource Guide

Through a partnership with Delaware State Police and Delaware Association Chiefs of Police, the Blue Envelope Program is a free initiative that aims to promote safe, clear, and respectful communication between law enforcement and drivers with autism and other disabilities. There are no qualifying questions asked and no identification is needed to participate.



Who can use the Blue Envelope?

The Blue Envelope is designed for people with disabilities, their family members, and their caregivers. It can be used by people who have a communication difference, sensory difference, mobility limitation, or other disability or medical condition.

Where can I get a Blue Envelope?



Delaware drivers and family members should visit their local Delaware State Police Troop, or participating police agency, to pick up an envelope.

Front of Envelope

The front of the Blue Envelope form. It is a light blue document with the title "Blue Envelope" at the top. Below the title, there are sections for "Important Vehicle Papers" (listing Driver's License, Vehicle Registration, and Car Insurance), "Instructions to First Responder" (listing instructions for police officers, firefighters, and EMTs), and "This person may..." (listing various behaviors and conditions). At the bottom, there is a section for "In an Emergency Call" with a phone number and a "DMV" logo.

Back of Envelope

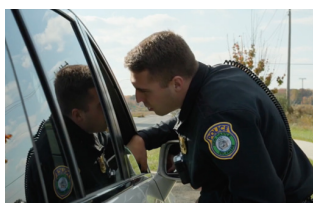
What can go inside the Blue Envelope?

Important documents such as your car registration, insurance card, or an emergency care plan.

Why is this program important for drivers and law enforcement?

- Quickly communicates important disability-related information and considerations
- Helps drivers to feel more confident and prepared during traffic stops
- Signals to officers that a driver may need additional supports (e.g., communication device, extra processing time, clear instructions, reduced sensory input)
- Provides emergency contact information

Additional Resources



The Delaware Network for Excellence in Autism (DNEA) offers a wide range of resources for autistic drivers, passengers and first responders, including practice traffic stops, trainings, and printable materials and videos.

Visit cds.udel.edu/dnea/mockdriving for driving resources, to register for upcoming events and to access the My Emergency Care Plan.



Additional DNEA resource guides available at <https://www.delawareautismnetwork.org/>

Clark, A., Fletcher, A., Sawchenko, C., Mallory, S., & DNEA CDS Team. (2025). *What is Delaware's blue envelope program?* University of Delaware's Center for Disabilities Studies and the Delaware Network for Excellence in Autism.

